



# Holiday safety tips



One of the last things people think of when holidaying is calling 000 for an ambulance. It is important to know your holiday contact details in the event of a medical emergency.

**For all medical emergencies dial Triple Zero (000) immediately and ask for Ambulance**

## **HOLIDAY ADDRESS INFORMATION**

When you are on holiday write down your holiday address details and keep it next to the telephone for easy access. This can save precious time if you need to dial Triple Zero (000) in an emergency.

When dialling Triple Zero (000) it is important to have the following information ready:

- > Suburb or town
- > Street address
- > Nearest cross street or landmark
- > The nature of the emergency and number of patients
- > Telephone number you are calling from.

It is important to remain calm at all times and answer all the questions. Never hang up before the ambulance call taker has received all the details.

In many instances the Triple Zero (000) call taker will be able to assist by providing first aid advice while the ambulance is responding.

It is important to take the time to teach your children the correct holiday address.

## **FIRST AID COURSES**

The Ambulance Service of New South Wales encourages everyone to learn first aid. This can give you the confidence to assist when someone is injured or ill. To enrol in a first aid course contact an accredited provider listed with the Workcover Authority.

### **For further information please contact:**