



**AMBULANCE FACT SHEET**

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# Lights and sirens!

All drivers can help paramedics arrive at an emergency as quickly as possible by following a few simple rules.



**For all medical emergencies dial Triple Zero (000) immediately and ask for Ambulance**

## **WATCH OUT FOR LIGHTS AND SIRENS WHEN DRIVING**

You could save a life by following these simple rules:

- > Give way when you hear a siren or see flashing lights as soon as it is practical and safe.
- > It is preferable for drivers to move to the left.
- > Slow down once out of the way of the ambulance.
- > Don't panic.
- > Don't break traffic rules.
- > Be aware that occasionally there are two or more emergency vehicles responding to an incident.
- > Check mirrors carefully before moving back into the lane.
- > Never tailgate an ambulance responding to an emergency.

## **BE AWARE OF DISTRACTIONS**

- > It is extremely important to concentrate when driving.
- > New cars have good sound proofing which may make it difficult for the driver to hear the siren of an ambulance.
- > Loud speakers for stereo systems and hands free mobile phones can also be a distraction.

## **FIRST AID COURSES**

The Ambulance Service of New South Wales encourages everyone to learn first aid. This can give you the confidence to assist when someone is injured or ill. To enrol in a first aid course contact an accredited provider listed with the Workcover Authority.

### **For further information please contact:**