

In a medical emergency  
don't drive to hospital.  
Dial Triple Zero (000) and  
ask for Ambulance!

## Examples of medical emergencies

### CHEST PAIN SYMPTOMS

- > Unusual tightness or pain in the chest eg crushing or stabbing pain that often radiates into the neck, jaw, back or arms
- > Shortness of breath, or difficulty breathing, especially if these symptoms come on suddenly

### STROKE SYMPTOMS

Stroke patients can often be identified by using FAST which represents:

- > **F**acial droop: can they smile?
- > **A**rm weakness: can they lift both arms?
- > **S**peech: can they talk normally or is their speech slurred?
- > **T**ime: because stroke patients need an urgent call to Triple Zero (000).



New South Wales Government



**Ambulance Service  
of New South Wales**