



Ambulance Service of New South Wales

media release

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Watch out for lights and sirens!

Much of the work of Ambulance Officers involves driving to life threatening emergency cases with the lights and sirens going.

Ambulance Officers are frequently required to drive against normal traffic flow to get to the scene of an emergency.

While Ambulance Officers concentrate to keep themselves and other road users safe, they offer the following tips to help you help them:

- DON'T PANIC!
- give way when you hear a siren or see the flashing lights – generally, move safely to the left
- slow down once you have moved out of the way of the ambulance
- do not break any traffic rules, this can make matters worse
- be aware that occasionally there are two or more emergency vehicles responding in close succession – check your mirrors before moving back into the lane
- never tailgate an Ambulance responding under lights and sirens
- keep stereos at a reasonable level so that you are able to hear approaching sirens, and continuously check your mirrors for emergency lights

Ambulance Officers understand that seeing an emergency vehicle can be distressing, but by using common sense and following the road rules, you can help save lives.

~ENDS~

For further information or local media opportunities please contact Ambulance Media on (02) 9320 7796.