



## GoodSAM Sample Social Media Posts

## Image example

## **Social copy**



Did you know that for every minute a cardiac arrest patient does not get CPR, their chance of survival falls by 7-10%? By registering as a GoodSAM volunteer, you can help someone in those critical first minutes while paramedics arrive. Every minute counts. Sign up to GoodSAM.



Can you help save a life, while paramedics arrive? If you are 18 or older and willing and able to perform CPR, you can join the NSW community of GoodSAM volunteers who provide CPR to a person in cardiac arrest. Every minute counts. Sign up to GoodSAM.



Cardiac arrest is often unexpected and affects more than 9000 people in NSW each year. GoodSAM is an app that alerts volunteer responders to someone nearby in cardiac arrest who needs CPR while paramedics arrive. It's easy to register and you could help save a life. Every minute counts. Sign up to GoodSAM.







GoodSAM volunteers provide CPR to a person nearby in cardiac arrest to help save their life while paramedics arrive. If you are 18 or over and willing and able to provide CPR, you can sign up as a GoodSAM volunteer. Every minute counts. Sign up to GoodSAM.