



Project GoodSAM

Help keep them alive,
while paramedics arrive.

Background

**Out-of-hospital
cardiac arrest (OHCA)
is a recognised
public health problem
worldwide**

Out-of-hospital
cardiac arrest
(OHCA)

**Over 9,000 people
experience an out
of hospital cardiac
arrest in NSW
every year.**



Out-of-hospital
cardiac arrest
(OHCA)

**Only 11%
of patients
survive to
leave hospital**



GoodSAM Objectives

1

Reduce deaths

Deaths from out-of-hospital cardiac arrests are too high

2

Take action

Starting CPR or using an AED within the first few minutes of cardiac arrest can double a person's chance of survival

3

Increase survival

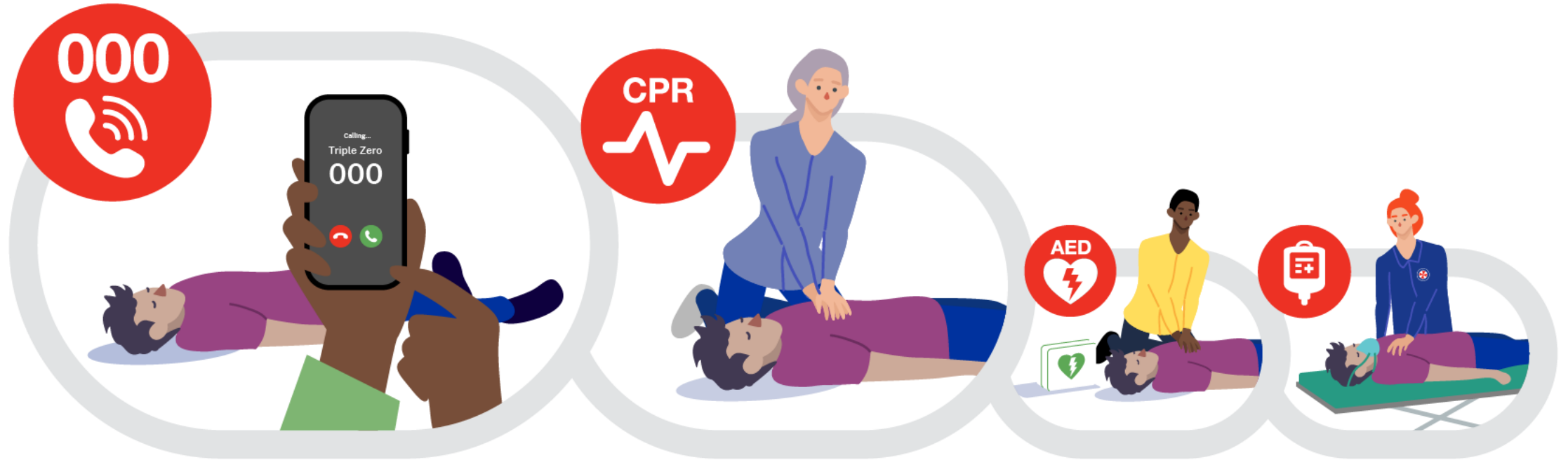
Increase the number of people who survive a cardiac arrest and return home

4

Empower

Let's empower community members to respond quickly when someone nearby goes into cardiac arrest

Chain of Survival – Not all links are equal



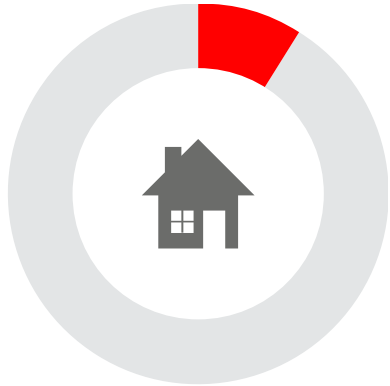
Early recognition and call for help to prevent cardiac arrest

Early CPR to buy time

Early defibrillation to restart the heart

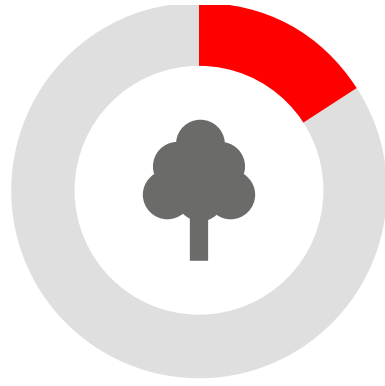
Post resuscitation care to restore quality of life

What is the likelihood of surviving a cardiac arrest?



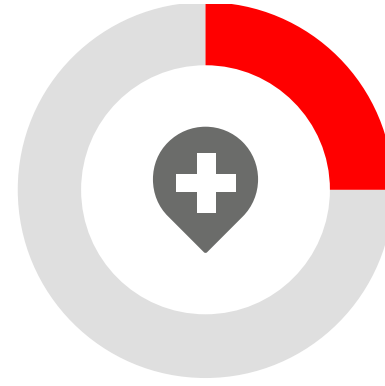
In NSW in a private residence?

9%



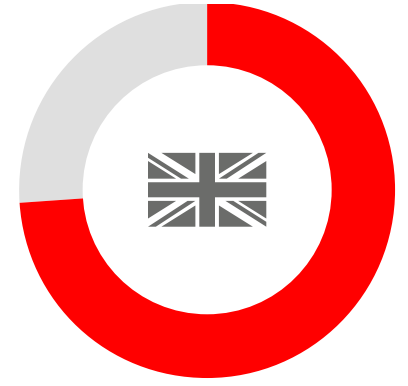
In NSW in a public location?

16%



In NSW in a medical facility?

25%



Inside of Heathrow airport?

74%



Help keep them alive, while paramedics arrive.

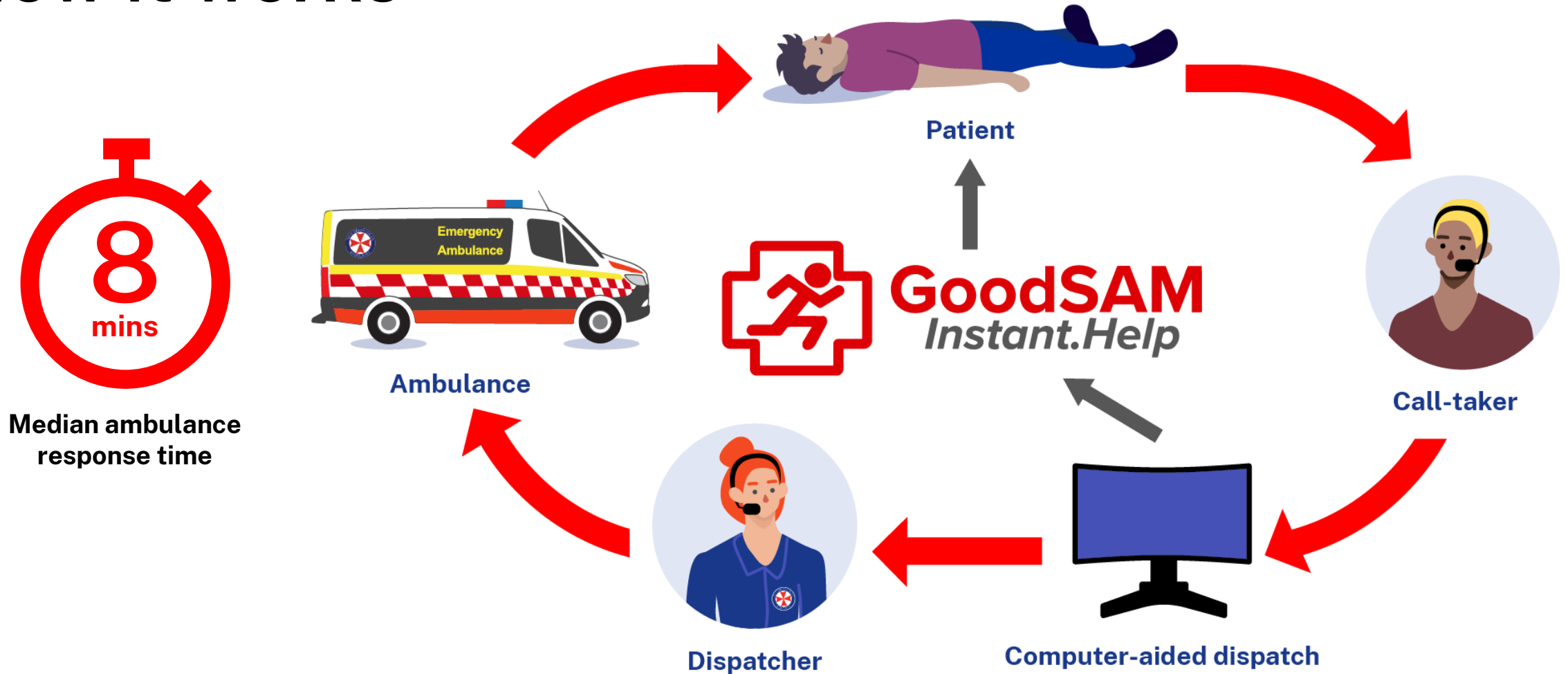
Become a GoodSAM volunteer and receive alerts to help in nearby CPR emergencies.



Every minute counts.
Sign up to GoodSAM.
ambulance.nsw.gov.au/goodsam



How it works



8
mins

Median ambulance
response time

FAQs

Who can register as a responder?

Do responders have to accept a notification?

Do responders need their own insurances?

What if a responder gets injured?

Is there a support service for responders?

We need your help

- 1 Increase GoodSAM volunteer registrations**
Use your networks to drive registration throughout the community
- 2 CPR familiarisation**
Clarify qualifications and support volunteers wanting to train in basic CPR procedures
- 3 Provide feedback**
Ideas, thoughts, experiences and comments are welcome

Help us grow the GoodSAM Community

Anyone who is over 18 can register
to be a GoodSAM volunteer.

ambulance.nsw.gov.au/goodsam



Every minute counts.
Sign up to GoodSAM.



Contact us



WEBSITE

www.ambulance.nsw.gov.au/goodsam



EMAIL

Ambulance-GoodSAM@health.nsw.gov.au